



PARKSIDE CLINIC

FRANK PLEUS
DR. MED. DR. MED. DENT.

NAD⁺swiss

THE ONLY CERTIFIED NADCLINIC IN SWITZERLAND

PARKSIDE CLINIC
IV-THERAPIES



INJECTION

GLUTATHIONE PUSH INJECTION

The ultimate antioxidant. Glutathione is a molecule found naturally in your body. It offers an antioxidant defence, stimulating your immune system.

Duration
20 Mins

Price
CHF 190

VITAMIN B12 INJECTION

Vitamin B12 is a necessary water-soluble vitamin that aids the development of red blood cells, growth and the nervous system.

Duration
20 Mins

Price
CHF 90

FAT BURNER INJECTION

An intramuscular injection designed for people on the go. This cocktail can help the reduction of body mass when combined with a healthy lifestyle.

Duration
20 Mins

Price
CHF 120

VITAMIN B COMPLEX INJECTION

This cocktail is packed with B vitamins that aid metabolism and cell repair while maintaining your nervous system and managing cholesterol production.

Duration
20 Mins

Price
CHF 120

VITAMIN D3 INJECTION

Restore vitality and vibrance with our vitamin D3 injection. Perfect for those with low vitamin D levels, or people who feel run down.

Duration
20 Mins

Price
CHF 90

DNA TESTS

BIOGENETIC 360° TEST

An innovative two-parametric genetic test which looks at the genetic variations connected to your ability to metabolise certain nutrients and the telomere length – the marker for biological age.

Duration
30 Mins

Price
CHF 799

BIOAGE TEST

Through the BioAge DNA Test, NADclinic can accurately determine your body's biological age.

Duration
30 Mins

Price
CHF 599

HAIR ANALYSIS

Get to the root of your hair loss problems and receive a personalised treatment plan based on your genome.

Duration
30 Mins

Price
CHF 499

BLOOD TESTS

WELL MAN

This profile has been specially designed to test HIS state of health.

Duration
50 Mins

Price
CHF 399

CELL ACTIVITY DIAGNOSTIC

Find out how well your mitochondria are functioning and your likelihood of developing long term illnesses.

Duration
30 Mins

Price
CHF 499

WELL WOMAN

This profile has been specially designed to test HER state of health.

Duration
50 Mins

Price
CHF 399

HEAVY METAL BLOOD DIAGNOSTIC

Heavy metals are metallic chemical particles that are very toxic at low concentrations.

Duration
20 Mins

Price
CHF 299

VITAMIN BLOOD DIAGNOSTIC

Feeling tired? Lack of energy or not thinking clear? You may be lacking vitamins!

Duration
20 Mins

Price
CHF 499

ESSENTIAL BLOOD DIAGNOSTIC

This profile contains 22 readings of the basic functions of your body to provide a complete blood assessment.

Duration
20 Mins

Price
CHF 299

MINERAL BLOOD DIAGNOSTIC

A mineral imbalance can cause symptoms such as muscle spasms, fatigue and palpitations.

Duration
20 Mins

Price
CHF 299

SINGLE IV INFUSIONS

<p>EXECUTIVE PLUS IV INFUSION</p> <p>Guaranteed to rehabilitate any battle weary CEO, senior corporate or career-hungry executive and return them to the top of their game within just a couple of hours.</p>	<p>Duration 120 Mins</p>	<p>Price CHF 749</p>	<p>FAT BURNER IV INFUSION</p> <p>Our Fat Burner IV infusions effectively target stubborn areas of body fat.</p>	<p>Duration 60 Mins</p>	<p>Price CHF 449</p>
<p>ANTI FATIGUE IV INFUSION</p> <p>Our proprietary blend of NAD+ will give your system the boost it needs to effectively fight chronic fatigue.</p>	<p>Duration 90 Mins</p>	<p>Price CHF 449</p>	<p>VITAMIN IMMUSE BOOSTER IV INFUSION</p> <p>This infusion utilises immune-boosting ingredients to deter illness, fight stress and fortify your immune system.</p>	<p>Duration 90 Mins</p>	<p>Price CHF 449</p>
<p>SIGNATURE DETOX IV INFUSION</p> <p>Our one-day infusion works to detox and energise your system, reduce ageing and boost your brain. Improve your body, mind regeneration and performance</p>	<p>Duration 120 Mins</p>	<p>Price CHF 499</p>	<p>COMBAT JET LAG IV INFUSION</p> <p>Try this infusion as a quick, reliable pick-me-up when a flight places strain on your mind and body.</p>	<p>Duration 75 Mins</p>	<p>Price CHF 349</p>
<p>POWER IV INFUSION</p> <p>Need to be on your game? Feel physically and mentally empowered with this two-hour infusion.</p>	<p>Duration 120 Mins</p>	<p>Price CHF 599</p>	<p>EXPRESS IV INFUSION</p> <p>A low NAD+ level affects your overall wellbeing and energy. This infusion is specially designed for when you feel low on energy, but have a busy week ahead of you.</p>	<p>Duration 30 Mins</p>	<p>Price CHF 229</p>

IV INFUSION PROGRAMMES

<p>EXECUTIVE HIGH FLYER PLUS IV PROGRAMME</p> <p>Our NAD+ based IV protocol has been specially developed to enhance success, mental clarity and physical performance.</p>	<p>Duration 5 Sessions</p>	<p>Price CHF 2990</p>	<p>IMMUNE BOOST IV PROGRAMME</p> <p>Fortify your immune system with critical vitamins, amino acids and essential minerals, plus a full dose of the super coenzyme NAD+.</p>	<p>Duration 3 Sessions</p>	<p>Price CHF 2400</p>
<p>ALCOHOL DETOX IV PROGRAMME</p> <p>Probably the most successful detoxification programme available today with a 90% success rate. Receive quicker and more affordable treatment than most rehabilitation centres can provide.</p>	<p>Duration 5 Sessions</p>	<p>Price CHF 2990</p>	<p>FAT BURNER IV PROGRAMME</p> <p>Target stubborn areas of fat with a proprietary blend of vitamins, minerals, amino acids and NAD+.</p>	<p>Duration 10 Sessions</p>	<p>Price CHF 3990</p>
<p>DEBILITATING VIRUS IV THERAPY PROGRAMME</p> <p>Replenish your NAD+ levels after a debilitating viral infection, repair cellular damage and help your body develop a better immune response to a viral attack.</p>	<p>Duration 10 Sessions</p>	<p>Price CHF 4990</p>	<p>BESPOKE INFUSION IV PROGRAMME</p> <p>We offer bespoke IV programmes that are as unique as you are - catering to your individual needs.</p>	<p>Duration Bespoke</p>	<p>Price On Request</p>
			<p>HAIR REJUVENATION IV PROGRAMME</p> <p>Prevent and treat the causes and symptoms of hair loss and alopecia with our regenerating NAD+ Hair Rejuvenation IV Infusion programme.</p>	<p>Duration 5 Sessions</p>	<p>Price CHF 2400</p>

FULL BODY SCAN — Our full body scan provides us with the data we need to analyse your body and make recommendations on how you can better reach your goals.

INITIAL ASSESSMENT

Duration
60 mins | Price
CHF 360

FOLLOW UP ASSESSMENT

Duration
30 mins | Price
CHF 180

ADD-ON NAD⁺ — Top up your NAD⁺ levels with an additional dose.

ADDITIONAL DOSE

Price
CHF 180



ParkSideClinic offers a comprehensive range of medical services and a 360° holistic approach to health and wellness. With a personalised philosophy to optimal health and the expert guidance of Dr. Frank Pleus, you'll be guaranteed to feel confident in your well-being. Discover an antidote to mainstream medicine designed to optimise your health span with a full suite of preventative and regenerative health IV protocols and diagnostics.